

Menuplan

be fresh Catering AG



Week 3 14. – 18. January 2019

	Menu 1	Menu 2	Vegi
M O N D A Y	Soup or 1dl Jus Chickenragout currysauce asian vegetable rice Salad or Kompott CHF 9.30 EXT 12.30	Soup or 1dl Jus Pasta Vodkasauce (bacon, onion and cheese) CHF 9.30 EXT 12.30	Soup or 1dl Jus Spinachart Salad or Kompott CHF 9.30 EXT 12.30
T U E S D A Y	Soup or 1dl Jus Roasted pork Appenzeller style redwinesauce red cabbage potato gratin CHF 9.30 EXT 12.30	Soup or 1dl Jus Fish roasted in corn coat quarkgnocchi Salad or Kompott CHF 9.30 EXT 12.30	Soup or 1dl Jus Pancake filled with vegetable Salad or Kompott CHF 9.30 EXT 12.30
W E D N E S D A Y	Soup or 1dl Jus Beef ragout SZECHUAN rice Salad or Kompott CHF 9.30 EXT 12.30	Soup or 1 dl Jus Minced veal stak thymejus peas polenta CHF 9.30 EXT 12.30	Soup or 1dl Jus Spätzliwok (cream, cheese and roastet onions) Salad or Kompott CHF 9.30 EXT 12.30
T H U R S D A Y	Soup or 1 dl Jus Turkeypicatta Milanese broccoli spaghetti CHF 9.30 EXT 12.30	Soup or 1 dl Jus Ham with mustard lukewarm potatosalad Salad or Kompott CHF 9.30 EXT 12.30	Soup or 1 dl Jus Pizza Verdura Salad or Kompott CHF 9.30 EXT 12.30
F R I D A Y	Soup or 1dl Jus Calf sausage onionsauce pommes frites Salad or Kompott CHF 9.30 EXT 12.30	Soup or 1dl Jus Fishburger whitewinesauce sugar peas rice CHF 9.30 EXT 12.30	Soup or 1dl Jus Lentilsteak peas sauce rice Salad or Kompott CHF 9.30 EXT 12.30

dä be fresh

Be fresh
Cheeseburger
(cole slow,
cucumber and
onion)
Pommes frites

CHF 12.50

Hit

Beef filet
Stroganoff
Spätzli
daily vegetable

CHF 26.50